



TAKEAWAY FOOD AVAILABLE 5 DAYS – PICKUP ONLY

TO PREORDER CALL: (02) 60565006

TUESDAY/WEDNESDAY: CLOSED

MONDAY/THURSDAY/FRIDAY: 7:30AM – 1PM

SATURDAY/SUNDAY: 8:30AM – 1PM

Sticky Date Pancakes, Vanilla Ice Cream, Pecan Praline, Caramelised
Pear & Espresso Caramel 18

Avocado Smash, 7 Grain Toast, Sumac Honey Roast Pumpkin, Quinoa
Tabouli, Cucumber Mint Yoghurt Poached Egg & Toasted Pepitas
19.5

House Made Hashbrown, Poached Eggs, Beetroot Hummus & Seeded
Mustard Hollandaise 19.5

Super Food Bowl, Warm Ancient Grains, Kale, Broccolini, Baby
Spinach, Roasted Brussel Sprouts, Sweet Potato, Avo, Almonds,
Craisins, A Poached egg & Tofu GF/DF 19.5

Taco Bowl, Spiced Pulled Chicken, Brown Rice, Black Beans, Chard
Corn Salsa, Guacamole, Jalapenos, Sour Cream, Lime & Flour Tortillas
19.5

Tonkatsu Pulled Pork Bao, Pickled Cucumber & Slaw (3) 18